



# SHERMAN PHILLIPS

## IN THE LYME LIGHT JULY, 2021



When you choose to become a farmer, the work is constant. The days can be long and you're working outside regardless of the conditions. When you work as a farmer and have your own business selling thoughtfully crafted local goods like bug spray, soaps and maple products each day is different. Each day is very full. Despite working out of two separate locations, and having to juggle the demands of farming, harvesting, and fulfilling orders, she is always willing to be of service, to lend a hand, and to donate her products. **Sherman Phillips of Kingland Farms is in the Lyme Light!**

Drawing on products from her growing business, Kingland Farms, Sherman is always willing to support an event, program, or new idea that could use a bit of creativity and local flavor. From maple syrup and legendary heart-shaped candies to beautiful seasonal soaps to natural herbal creams and bug spray to bountiful blueberries, her handiwork delights and is generously shared.

Sherman's message about volunteerism, and about giving back to the community in general is simple: "Give how you're able." With the demands of a growing farm operation and a soap/lotion/maple business to boot, finding time to volunteer can be difficult. However, she is still able to give in a big way, by donating her special products.

Sherman is also a generous supporter of the CCL Jenks Fund, established in honor of Jim Jenks and Sherman's son, Ethan, to provide a boost to people in the Community – something special to make life a little brighter. She loves the nurturing goal of the fund: "A big passion of mine has always been food, especially feeding people. I worked in restaurants for a big part of my life, doing everything ... bartending, hosting, waiting tables, prepping food, but mostly cooking. Ethan was a chef, and always willing to lend a hand. The Jenks Fund support of the Lyme Food Pantry, along with other ways to bring a smile, is right in line with not only Ethan's philosophy on giving, but mine – tremendously."

She believes that each person, regardless of personality, means, schedule, or other life factors, has something that would enrich the community. She offers: "Use your strengths, interests, and hobbies to find ways to give back. Do something you love and make it mean even more by sharing it. And support the Jenks Fund!"

Sherman, you are a gift that keeps on giving, in so many ways. Thank you, on behalf of the whole Lyme community!

*Our Mission: To build on Lyme's heritage as a warm, welcoming and service-oriented community, by building partnerships, embracing new ideas, and designing systems that improve our individual and collective sense of well-being, as we help transform health and healthcare in our town and beyond.*

